

Goods FOR Good

Recycling overstocks to provide a global
lifeline of humanitarian aid.

T: 01923 918880
M: 07866 429807
E: rosalind@goodsforgood.org.uk
W: www.goodsforgood.org.uk

Goods For Good
100 Cecil Street
Watford
Herts, WD24 5AD

Goods For Good & HRIF Rescue Project – Ukraine



Where will the goods go?

The goods you provide will go to Organisations helping refugees directly in the Ukraine and those crossing the borders into Poland and Romania.

Goods For Good are working closely with [My1stYears](#) in Northampton, UK and with our Dutch charity partners in Weesp, who have set up humanitarian aid hubs on the Polish border with Ukraine. We will supply relief aid to Ukrainian welfare centres and we are liaising with the Ukrainian Embassies in Poland and the Netherlands to make this happen. Trucks have already departed from Weesp in Holland, loaded with essential bedding, clothing, footwear, hygiene and essential toiletries and more are being organised.

Delivery cost

Once you have arranged for your collected goods to arrive at the hub in Northampton, we ask for a donation of £7.50 per box to deliver your items from the hub in the UK to the Ukraine and the Borders.

For example:

50 boxes x £7.50 = £375

Please advise Goods For Good, how many boxes you are sending.

Payment can be made either by transferring online to www.goodsforgood.org.uk/donate or direct to our bank account:

GOODS FOR GOOD (GLOBAL)

Sort code: 23-05-80

Account number 19497461

Ref: your name/Ukraine

Once we have enough items to fill a truck to Eastern Europe we will arrange for these to be sent to the vulnerable individuals, families and communities.

Thank you so much for your support, time and kindness! On behalf of the Goods for Good Team and the people who will be in receipt of these items.



Items Requested

Food

- Tinned food* (with a pull-tag)
- Pasta
- Rice
- Chocolate Spread
- Peanut Butter
- Jam
- Nutrition bars
- Chocolate bars
- Sweets
- Cuppa Soups/Pot Noodles
- Coffee
- Tea
- Sugar

*all tins and packs must be in-date.

First Aid

- Bandages
- Cotton Wool
- Antiseptic wipes
- Plasters
- First Aid kits
- Paracetamol/Aspirin
- Antibacterial hand gel

Hygiene Goods

- Baby Wipes
- Toilet Paper
- Toothpaste
- Toothbrushes
- Shampoo
- Shower gel
- Deodorants
- Nappies
- Packs of Tissues
- Soap Dispensers

Steps

- Arrange a community collection
- Request a digital label from sarah@goodsforgood.org.uk
- Collect items from the lists above
- Sort into boxes as per each category, (use strong boxes please)
- Seal the boxes with brown tape
- Label on two sides (use the Goods For Good digital label)

Make an inventory of how many boxes of each item :

i.e.

- 10 boxes of tinned food
- 10 boxes of Jam
- 5 boxes of sanitary pads
- 50 packs of nappies

Email: Sarah@GoodsforGood.org.uk with details of what is being sent and estimated arrival time.

Arrange for delivery to the central hub at the the address below.

Please book in your delivery in with Richard : (please don't just turn up with your goods).



Richard Parkes Head of Operations: 07599912721

richard@my1styears.com

My 1st Years, DC4 Cheaney Drive

Northampton NN4 5FB